



SEAN MINOR.

## Sean's Spice Rub



**Prep:** 5 minutes

### **Ingredients:**

1/4 Cup Fine Sea Salt  
1/4 Cup Kosher Salt  
1/3 Cup Maple Sugar  
2 Tbsp. Granulated Onion Powder  
1 Tbsp. Granulated Garlic Powder  
1 Tbsp. Paprika  
1 Tbsp. Fresh Ground Pepper  
2 Tbsp. Dry Rosemary  
1 Tbsp. Cayenne Pepper

### **Suggestions:**

Braised Short Ribs  
Roasted or Grilled Pork Tenderloin  
Roasted or Grilled Pork Chops  
Grilled New York Strip Steaks  
Grilled Tri Tip Roast  
Roasted or grilled Chicken  
Polenta

always invited.

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